ONCE upon a time, I was with my mummy. She fed me and we both fell asleep together. I didn't wake up. THE END

The safest place for your baby to sleep is in a cot in your room

Sleep Safe

A joint initiative between Bolton, Salford and Wigan Safeguarding Children Boards Falling asleep with your baby if you are a smoker or have been drinking alcohol increases the risk of sudden infant death.

To find out more visit www.fsid.org.uk or speak to your midwife or health visitor.