

Bolton Safeguarding Children Partnership—Multi-agency Training

STORM Training

Suicide and Self Harm Intervention

Level — Advanced



Information <u>This training is delivered by facilitators who have</u> <u>undergone training with STORM</u>. The course will develop skills and confidence, appropriate to role, in order to help staff working with young people who may present with suicidal thoughts and/or self-harm.

Registrations for the course will be reviewed for suitability of the applicant as places are very limited. This course must be suitable for your role. *Emotional Safety*

This is an intensive course on an emotive subject where the training can cause some anxiety and be emotionally exhausting. We endeavour to provide a safe and supportive learning environment whilst encouraging and enabling participants to fully engage in the training but participation must be on a consent basis mindful of individuals emotional safety and wellbeing.

Objectives

- Develop a good understanding of self-harm
- Promote a positive and enabling approach
- Develop basic skills in assessment of risk & vulnerability using active observation of skills; skills practice (rehearsal); self-reflection and structured feedback
- Translation of skills into practice through discussion
- Short term safety planning

