



# Safeguarding Children and Young People in Bolton

Multi-Agency Training Programme  
April 2008 - March 2009

Bolton Safeguarding Children

**Bolton**  
**Vision**



## In Bolton we...

...work towards every child being healthy in every way:

- Physically
- Mentally and Emotionally
- In lifestyle
- Free from illegal drugs
- Sexually healthy

...strive to give every child security, stability, care and safety from:

- Maltreatment, neglect, violence and sexual exploitation
- Accidental injury and death
- Bullying and discrimination
- Crime and anti-social behaviour both in and out of school

...want every child to enjoy, achieve and:

- Be ready for school attendance
- Attend and enjoy school
- Achieve stretching national educational standards at primary schools
- Achieve personal and social development and enjoy recreation
- Achieve stretching national educational standards at secondary schools

...encourage every child to make a positive contribution, and to:

- Engage in decision-making and support the community and the environment
- Engage in law-abiding and positive behaviour in and out of school
- Develop positive relationships and choose not to bully and discriminate
- Develop self-confidence and successfully deal with significant life changes and challenges
- Develop enterprising behaviour

...help every child to achieve economic well-being by:

- Engaging in further education, employment or training on leaving school
- Being ready for employment
- Living in decent homes and sustainable communities
- Having access to transport and material goods
- Living in households free from low income

We ensure parents, carers and families are supported to be economically active.

# Contents

	Page
<b>General Safeguarding Courses</b>	
Keeping Children Safe (Introductory) - Understanding your Role in Safeguarding Children.	12
Keeping Children Safe (Level I) - Understanding Child Abuse and Making a Positive Intervention.	13
Keeping Children Safe and the Child Protection Process (Level II)	14
Keeping Babies Safe from Harm	15
 <b>Courses on Specific Issues</b>	
Chairing Skills	16
Working with Resistant Families	17
Working with Children and Families from Black and Ethnic Minority Communities.	18
Safeguarding Young People at Risk of Sexual Exploitation Issues for Managers	19 20
Everything You Wanted to Know About Other Agencies - but were afraid to ask.	21
Safeguarding Disabled Children	22
 <b>Assessment</b>	
Assessment Skills	23
Common Assessment Framework - Practitioner Training	24
Common Assessment Framework	25

**Domestic Abuse**

Domestic Abuse: Basic Awareness	26
Domestic Abuse: the Effects on Children & Families	27

**Mental Health Issues**

Working with Young People who are at Risk of Self-Harm	28
STORM - Assessment and Intervention with Children and Young People who are at Risk of Attempting Suicide	29
Mental Health and Child Care: Safeguarding Children whose Carer has a Mental Health Problem.	30
Mental Health and Child Care: Safeguarding Children whose Carer has a Mental Health Problem	31
Mental Health Awareness in Children and Young People	32

**Young People and Substance Misuse**

Drug and Alcohol Awareness	33
Substance Misuse and Young People	34
Alcohol and Young People	35
Cannabis and Young People	36
Ecstasy and Young People	37
Solvents and Young People	38
Benzodiazepines and Young People	39
Parental Substance Misuse: its effect on children and families.	40

## Background

Following Lord Laming's recommendations into the tragic death of Victoria Climbié, the government has introduced important changes for all staff who work, directly or indirectly, with children and young people. These include a new national assessment system (the Common Assessment Framework), a national child database, and the establishment of Local Safeguarding Boards.

In Bolton, the Safeguarding, Health and Well-being Board was established in January, 2005. It is composed of senior managers representing all the statutory agencies and major voluntary organisations in Bolton. Its role is to safeguard and promote the welfare of children and young people in the area. It aims to ensure that all children living in Bolton have the opportunity to achieve the 5 Outcomes (front inside cover). It also has a special responsibility to ensure that they grow up safe and free from harm.

### Inter-agency Working

Lord Laming recognised the inter-agency co-operation is essential to protect and promote the welfare of children.

“Safeguarding and promoting the welfare of children - and in particular protecting them from significant harm - depends on effective joint working between agencies and professionals that have different roles and expertise. Individual children, especially some of the most vulnerable children and those at greatest risk of social exclusion, will need co-ordinated help from health, education, children's social care, and quite possibly the voluntary sector and other agencies, including youth justice services.”

(Working Together, 2007, p.33)

For inter-agency working to be effective, it needs to be supported by a comprehensive training programme. This will provide knowledge and skills to work with children and families and encourage positive working relationships between different agencies and organisations. This brochure provides details of the Multi-agency Training Programme in Bolton.

## Courses

### Types of Courses

Some of the courses provide basic knowledge which will be relevant to all staff. For example, the Keeping Children Safe (Introductory) and Assessment Skills courses cover basic information and skills around child protection and assessment.

Other courses are more specialised and will be of benefit to staff who are dealing with particular issues, e.g. the impact of domestic violence, mental ill-health, etc.

There is more information about the content of each course later in the brochure. Look in the relevant section (e.g. mental health) to find details of specific courses.

### Who are the trainers?

All the courses are delivered by professionals from local agencies/organisations who have specialist knowledge in the area. They are all volunteers and most have extensive experience of working with children and families.

### Who can attend the courses?

The courses are open to all staff in the statutory and voluntary sectors, who work directly, or indirectly, with children and families in the Bolton area. Some courses require no previous knowledge, while for others you will be expected to have some awareness of the subject. You need to check “Target Group” for each course to make sure it will be relevant to you.

### How do I apply?

Information about the courses and application forms are distributed to managers throughout the Borough. If you are interested in any of the courses listed, you should discuss this with your manager. For most courses you should then complete the application form together and return it to:

Training Shared Service Centre,  
Castle Hill Centre, Castleton Street, Bolton. BL2 2JW  
Tel: 01204 337600  
Email: [Trainingsharedservicecentre@bolton.gov.uk](mailto:Trainingsharedservicecentre@bolton.gov.uk)

You may also apply directly to the Training Shared Service Centre, but your manager must give written agreement for your application to be accepted.

Some courses are administered separately - information about where to apply for these is given with the course details.

**If you have any difficulties you can contact:**

Vicki Ritchie - 01204 337366 (email: vicki.ritchie@bolton.gov.uk) or  
Anne Walton - 01204 337861 (email: anne.walton@bolton.gov.uk)

**What happens then?**

Your application will be considered with others. Places are allocated to ensure representation from as many agencies/organisations as possible. You will be informed whether you have been successful 6 weeks before the course date.

**YOU MUST CONFIRM THAT YOU ARE ABLE TO ATTEND,  
OTHERWISE YOUR PLACE WILL BE OFFERED TO SOMEONE ELSE.**

If we are unable to offer you a place on the first date of your choice your name will be placed on a waiting list for the next available date.

**SOME OF THE COURSES ARE OVERSUBSCRIBED. IT IS  
THEREFORE VERY IMPORTANT THAT YOU INFORM THE TRAINING  
SHARED SERVICE CENTRE AS SOON AS POSSIBLE IF YOU ARE  
UNABLE TO ATTEND. THIS WILL ENABLE YOUR PLACE TO BE  
OFFERED TO SOMEONE ELSE.**

## Getting the most out of your course

In order to get the most out of the multi-agency courses you and your manager should spend some time considering the following:

### **Before the course:**

#### *Participant:*

- Why do I want to go on the course?
- What do I want to get out of it?
- What aspects of my work will be relevant?
- Self-care - are there any personal issues which might cause me difficulties during the course?

#### *Manager:*

- Why am I sending this member of staff on this course?
- What do I want them to get out of it?
- What do I want them to bring back to the team?
- What do I need to do to prepare them for the content of the course (relevant work, personal issues, etc.)?

**After the course:***Participant:*

Fill in and complete personal development record. (Note: There is now a form on the back of your certificate to help you do this.)

Consider:

- In what way will the learning contribute to my work?
- How will I utilise and share the skills I have learned? Do I need to create opportunities to practise new skills?
- Do I need to consider further courses?

*Manager:*

- Review learning achieved by member of staff in supervision
- Provide opportunities for them to practise new skills and review them in supervision
- Will they benefit from further training?
- Provide opportunities for member of staff to share new skills with other staff.
- Complete feed-back forms regarding training.

**IMPORTANT NOTE ON SELF-CARE:**

The courses touch on emotive subjects. If you feel uncomfortable please discuss this with the trainer. You will not be expected to remain on a course if you are finding the content personally stressful.

## Calendar

Course	Duration	Date
Domestic Abuse Basic Awareness	1 day	1 April 2008
Common Assessment Framework - Practitioner	1 day	3 April 2008
Common Assessment Framework - The Lead Professional Role	1 day	10 April 2008
Keeping Children Safe (Introductory)	1/2 day	22 April 2008
Keeping Children Safe Level 1	1 day	23 April 2008
Domestic Abuse: The Effects on Children & Families	2 days	24 & 25 April 2008
Cannabis & Young People	1 day	29 April 2008
Common Assessment Framework - The Lead Professional Role	1 day	1 May 2008
Working with Young People who Self Harm	1 day	8 May 2008
Ecstasy & Young People	1/2 day	9 May 2008
Domestic Abuse Basic Awareness	1 day	13 May 2008
Solvents and Young People	1 day	13 May 2008
Mental Health & Child Care: Safeguarding Children whose Carer has a Mental Health Problem	1 day	14 May 2008
Substance Misuse & Young People	2 days	19 & 20 May 2008
Keeping Babies Safe from Harm	1 day	21 May 2008
Keeping Children Safe Level 2	2 days	4 & 5 June 2008
Alcohol & Young People	1 day	5 June 2008
Domestic abuse Basic Awareness	1 day	10 June 2008
Keeping Children Safe Level 1	1 day	11 June 2008
Drug & Alcohol Awareness	1 day	12 June 2008
Chairing Skills	1 day	13 June 2008
Safeguarding Young People at Risk of Sexual Exploitation	2 days	16 & 17 June 2008

Benzodiazepines & Young people	1/2 day	24 June 2008
Assessment Skills	1 day	1 July 2008
Common Assessment Framework - Practitioner	1 day	2 July 2008
Substance Misuse & Young People	2 days	3 & 4 July 2008
Common Assessment Framework - The Lead Professional Role	1 day	4 July 2008
STORM Assessment and Intervention with Children & Young People who are at Risk of Attempting Suicide	2 days	9 & 10 July 2008
Domestic Abuse Basic Awareness	1 day	15 July 2008
Cannabis & Young People	1 day	15 July 2008
Parental Substance Misuse: It's effect on Children & Families	2 days	15 & 16 July 2008
Domestic Abuse Basic Awareness	1 day	5 August 2008
Domestic Abuse Basic Awareness	1 day	9 September 2008
STORM Assessment and Intervention with Children & Young People who are at Risk of Attempting Suicide	2 days	9 & 10 September 2008
Solvents and Young People	1 day	16 September 2008
Chairing Skills	1/2 day	16 September 2008
Keeping Children Safe (Introductory)	1/2 day	17 September 2008
Substance Misuse & Young People	2 days	22&23 September 2008
Working with Young People who Self Harm	1 day	23 September 2008
Keeping Babies Safe from Harm	Eve x 2	18&25 September 2008
Mental Health Awareness in Children and Young People	1 day	29 September 2008
Drug & Alcohol Awareness	1 day	6 October 2008
Domestic Abuse Basic Awareness	1 day	7 October 2008
Working with Children & Families from Black and Ethnic Minority Communities	2 days	7 & 8 October 2008
Keeping Children Safe Level 1	1 day	9 October 2008

Common Assessment Framework - The Lead Professional Role	1 day	21 October 2008
Safeguarding Young People at Risk of Sexual Exploitation	2 days	22 & 23 October 2008
Alcohol & Young People	1 day	28 October 2008
Domestic Abuse Basic Awareness	1 day	4 November 2008
Keeping Children Safe Level 2	2 days	4 & 5 November 2008
Cannabis & Young People	1 day	6 November 2008
Domestic Abuse: The Effects on Children & Families	2 days	6 & 7 November 2008
Chairing Skills	1 day	12 November 2008
Working with Resistant Families	2 days	18 & 19 November 2008
Substance Misuse & Young People	2 days	20 & 21 November 2008
Assessment Skills	1 day	2 December 2008
Domestic Abuse Basic Awareness	1 day	2 December 2008
Mental Health & Child Care: Safeguarding Children whose Carer has a Mental Health Problem	2 days	3 & 4 December 2008
Drug & Alcohol Awareness	1 day	5 December 2008
Keeping Children Safe Level 1	Eve x 2	1 & 8 December 2008
Safeguarding the Disabled Child	1 day	6 January 2009
Alcohol and Young People	1 day	8 January 2009
Common Assessment Framework - The Lead Professional Role	1 day	13 January 2009
Keeping Children Safe Level 1	1 day	15 January 2009
Chairing Skills	1/2 day	16 January 2009
Substance Misuse and Young People	2 days	19 & 20 January 2009
Everything you wanted to know about other Agencies	1 day	3 February 2009
Mental Health Awareness in Children and Young People	1 day	4 February 2009
Keeping Children Safe Level 1	1 day	5 February 2009

STORM Assessment and Intervention with Children & Young People who are at Risk of Attempting Suicide	2 days	9 & 10 February 2009
Drug & Alcohol Awareness	1 day	10 February 2009
Parental Substance Misuses: It's Effect on Children & Families	2 days	12 & 13 February 2009
Cannabis and Young people	1 day	26 February 2009
Safeguarding Young People at Risk of Sexual Exploitation	2 days	4 & 5 March 2009
STORM Assessment and Intervention with Children & Young People who are at Risk of Attempting Suicide	2 days	10 & 11 March 2009
Substance Misuse and Young People	2 days	12 & 13 March 2009
Alcohol and Young People	1 day	24 March 2009
Issues for Managers	2 days	31 March & 1 April 2009

### Future Events

In addition to the courses listed we are hoping to run several workshops in the coming year on issues of specific interest, such as Forced Marriage, Child Trafficking, specific mental health issues, etc. Details will be circulated as soon as possible.

## General Safeguarding Courses

**Course Title:** Keeping Children Safe (Introductory) - Understanding your role in safeguarding children.

**Target Group:** All staff who may come into contact with children, young people, parents or carers during the course of their work, e.g. reception staff, ward staff.

**Course Duration:** 1/2 Day (9.30 - 12.30)

**Dates:** 22 April 2008  
17 September 2008

### Course Objectives:

This course will help you to:

- Increase your awareness and understanding of the main types and indicators of child abuse,
- Understand your responsibility to respond to concerns where a child may be experiencing abuse, or is likely to experience abuse,
- Understand the referral process and your role within this,
- Increase your awareness of local multi-agency Child Protection Procedures

**Course Title:** Keeping Children Safe (Level 1) - Understanding child abuse and making a positive intervention.

**Target Group:** All staff who work with children and young people on an ongoing basis, and who may have to attend Child Action Meetings.

**Course Duration:** 1 full Day (9.30 - 16.30)  
or 2 evening sessions (18.30 - 21.00)

**Dates:** One Day Courses  
23 April 2008                      11 June 2008  
9 October 2008                    15 January 2009  
5 February 2009

Evening Sessions: (18.30 - 21.00)  
1 & 8 December, 2008

### **Course Objectives:**

On completion of this course you will be able to:

- Recognise some of the main symptoms of emotional, physical and sexual abuse, and neglect, and understand your responsibility to report any behaviour that may place a child at risk of harm,
- Respond appropriately if you have a concern about a child: to understand the referral process and your role within this,
- Be aware of relevant legislation and how it translates into working practice,
- Follow national and local child protection procedures (including understanding the Common Assessment Framework and Bolton's Child Concern Model),
- Introduce the Child Action meeting and your role in this,
- Apply safeguarding principles in an anti-discriminatory manner.

**Course Title:** Keeping Children Safe (Level 2) and the Child Protection Process

**Target Group:** All staff who work directly with children and young people and who may have to attend a child protection conference.  
**N.B.** Participants will be expected to have a basic knowledge of safeguarding issues before attending this course. This may have been gained through practice and/or by attending the Keeping Children Safe, Level 1 course (see page 13)

**Course Duration:** 2 Days

**Dates:** 4 & 5 June 2008  
4 & 5 November 2008

**Course Objectives:**

On completion of this course participants will have:

- Developed their knowledge and understanding of factors contributing to child abuse and its impact on the child,
- Enhanced their understanding of some of the less common types of child abuse,
- A better understanding of their role and responsibilities in the child protection process, including child protection conferences and core groups.

<b>Course Title:</b>	Keeping Babies Safe from Harm
<b>Target Group:</b>	Practitioners working with pregnant mothers and babies and toddlers up to 4 years.
<b>Course Duration:-</b>	1 Day
<b>Dates:</b>	Day Course (9.30 - 16.30) 21 May 2008  Evening Course (18.30 - 21.00) 18 & 25 September 2008

**Course Objectives:**

On completion of this course, participants will have increased their awareness of:

- The needs of babies and young children and the importance of ante-natal care,
- Parental capacity to meet their children's needs (including Attachment Theory),
- Risk factors for babies and young children,
- Assessing need and risk using Bolton's Framework for Action and the Common Assessment Framework
- The role of the practitioner.

## Courses on Specific Issues

**Course Title:** Chairing Skills

**Target Group:** All professionals working on an ongoing basis with children and young people, who may have to call and chair meetings, including Child Action Meetings.

**Course Duration:** 1 Day or 1/2 Day

**Dates:** 1 Day Course (9.30 - 16.30)

13 June 2008

12 November 2008

1/2 Day Course (9.30 - 12.30)

16 September 2008

16 January 2009

### Course Objectives

On completion of this course, participants will have:

- Learnt about the role of the chair and their responsibilities,
- Looked at some common problems in meetings and how to deal with them,
- Be aware of the process of a meeting and the chair's role in guiding this,
- Practised chairing skills through role play.

**Course Title:** Working with Resistant Families

**Target Group:** This is a skills based course for all staff and managers who work with families who are difficult to engage.

**Course Duration:** 2 Days

**Dates:** 18 & 19 November 2008

**Course Objectives:**

To improve knowledge and skills around working with resistant families.

By the end of the course the participant will:-

- Understand the concepts of engagement and resistance,
- Have practised working around resistance,
- Have examined 'what works' with resistant families.

**Course Title:** Working with Children and Families from Black and Ethnic Minority Communities

**Target Group:** All staff working with Children and Families

**Course Duration:** 2 Days

**Dates:** 7 & 8 October 2008

**Course Objectives:**

On completion of this course participants will have:

- Explored cultural differences in the context of safeguarding children,
- Increased their awareness of difficulties faced by minority groups, particularly in their relationship with statutory agencies,
- Updated their knowledge of relevant national and local legislation and policy.

<b>Course Title:</b>	Safeguarding Young People at Risk of Sexual Exploitation
<b>Target Group:</b>	All staff working with young people and their families
<b>Course Duration:</b>	2 Days
<b>Dates:</b>	16 & 17 June 2008 22 & 23 October 2008 4 & 5 March 2009

**Course Objectives:**

On completion of this course, participants will have:

- Raised their awareness of the risks posed to young people,
- Explored what makes some young people more vulnerable to abuse through sexual exploitation,
- Explored the pathways, grooming and issues of coercion involved for young people,
- Understand the Safeguarding procedures and guidance for working with young people involved in, or on the fringe of sexual exploitation,
- Explored appropriate interventions.

<b>Course Title:</b>	Issues for Managers
<b>Target Group:</b>	Managers in the statutory and voluntary sectors who supervise staff who work on an ongoing basis with children and young people and their families.
<b>Course Duration:</b>	2 Days
<b>Dates:</b>	31 March & 1 April 2009

### **Course Objectives**

This course is facilitated by Tony Morrison and is for middle managers in the child care/safeguarding field. Building on the positive experience of previous events, it will address key issues for managers in supervising child care work.

- Course Title:** Everything You Wanted to Know About Other Agencies - but Were Afraid to Ask.
- Target Group:** All staff working on an ongoing basis with children, young people and families
- Course Duration:** 1 Day
- Dates:** 3 February 2009

**Course Objectives:**

On completion of this course participants will have:

- Increased their awareness of the importance of working together and understand why it is important,
- Know what agencies/organisations exist in Bolton and what their role is in the safeguarding process,
- Understand their responsibilities and be able to work together with staff from other agencies/organisations to safeguard children and promote their well-being.

<b>Course Title:</b>	Safeguarding the Disabled Child
<b>Target Group:</b>	All staff who work with disabled children and their families.
<b>Course Duration:</b>	1 Day
<b>Dates:</b>	6 January 2009

**Course Objectives:**

On completion of this course, participants will:

- Be aware of the factors which make disabled children especially vulnerable to abuse,
- Have explored ways of making disabled children safe,
- Understand government legislation and guidance,
- Understand Bolton's procedures and their responsibilities in the safeguarding process.

## Courses on Assessment

**Course Title:** Assessment Skills

**Target Group:** All professionals working on an ongoing basis with children and young people who may have to assess their needs. This course is skills based.

These skills are placed within the framework of the Common Assessment Framework (CAF), but the course does not focus on the CAF itself.

**Course Duration:** 1 Day

**Dates:** 1 July 2008  
2 December 2008

### Course Objectives:

On completion of this course you will:

- Be aware of some of the factors which influence child development and parenting capacity,
- Have explored some basic assessment skills, including looking at: risk and vulnerability factors and analysis and communication skills with children and families,
- Know how to record assessments appropriately, including using the Common Assessment Framework.

<b>Course Title:</b>	Common Assessment Framework - Practitioner
<b>Target Group:</b>	All staff who may have to complete a Common Assessment for a child/young person
<b>Course Duration:</b>	1 Day
<b>Dates:</b>	3 April 2008 2 July 2008

**Course Objectives:**

To provide participants with information and guidance relating to:

- Information sharing
- Bolton Child Index
- Common Assessment Framework
- Using Signs of Well-being Assessment Tool
- Completing Common Assessments

<b>Course Title:</b>	Common Assessment Framework - the Lead Professional Role
<b>Target Group:</b>	Those undertaking the Lead Professional role who have already undertaken CAF Practitioner training
<b>Course Duration:</b>	1 Day
<b>Dates:-</b>	10 April 2008 1 May 2008 4 July 2008 21 October 2008 13 January 2009

**Course Objectives:**

On completion of this course you will:

- Understand the Lead Professional role,
- Recognise the roles and responsibilities of the Lead Professional,
- Understand issues relating to communicating with parents and a wide range of agencies,
- Develop strategies to deal with barriers to the Lead Professional role process,
- Recognise when to ask for additional support,
- Be able to identify what support is available for Lead Professionals.

## Courses on Domestic Abuse

**Course Title:** Domestic Abuse Basic Awareness

**Target Group:** All staff

**Course Duration:** 1 Day (9.30 - 16.30)

**Dates:**

1 April 2008	13 May 2008
10 June 2008	15 July 2008
5 August 2008	9 September 2008
7 October, 2008	4 November 2008
2 December 2008	

**Venue:** Unity Centre, Bolton

### Objectives:

By the end of the awareness training participants will -

- Be aware of the long-term physical, sexual, and psychological damage inflicted on women by abusive men,
- Have an understanding of the reasons behind male violence to known women,
- Identify Domestic Abuse as a child protection issue,
- Have an understanding of diversity issues in Domestic Abuse cases,
- Be aware of what constitutes good practice in working with male violence to known women.

**NOTE: If you wish to attend this course please apply to: Nafisa Chhabu or Salma Bismillah  
Tel: 01204 335389**

**Course Title:** Domestic Abuse: the Effects on Children & Families

**Target Group:** This course is intended for practitioners and managers who have contact with domestic abuse and child protection issues and **who have already undertaken the one-day awareness training for Domestic Abuse (see page 26) or have had some previous Domestic Abuse training.**

**Course Duration:** 2 Days

**Dates:** 24 & 25 April 2008  
6 & 7 November 2008

**Course Objectives:**

The course aims to encourage staff to explore the difficult area of the crossover between domestic abuse and it's effects on children.

By the end of the course the participant will have:-

- Raised awareness of domestic abuse, child protection and their interaction,
- Considered the effects of partner and child abuse on family interaction,
- Examined how family abuse fits into Bolton's Framework for Action,
- Been informed about services in the Bolton area.

## Courses on Mental Health Issues

<b>Course Title:</b>	Working with Young People who Self-Harm
<b>Target Group:</b>	All staff working with children and young people where self harm is an issue
<b>Duration:</b>	1 day
<b>Dates:</b>	8 May 2008 23 September 2008

### Course Objectives:

By the end of the course participants will:

- Have an understanding of the protocol for self harm in Bolton and be aware of their professional responsibilities,
- Be able to use the protocol to make decisions about referrals and refer on where appropriate,
- Be aware of the prevalence and risk factors associated with suicide and self harm,
- Be able to take a developmental perspective,
- Have increased confidence in talking with other professionals to manage risk,
- Have increased confidence in talking to young people who present with self harm including addressing the issue of confidentiality,
- Have increased confidence in talking to families where young people present with self harm.

**Course Title:** STORM

**Target Group:** All professionals working on an ongoing basis with children and young people who may be at risk of self-harm or suicidal behaviour

**Course Duration:** 2 Days

**Dates:-** 9 & 10 July 2008  
9 & 10 September 2008  
9 & 10 February 2009  
10 & 11 March 2009

**Course Objectives:**

On completion of this course, participants will be able to:

- Identify signs and symptoms of suicidal intent and assess degree of risk,
- Understand basic crisis management and problem solving techniques and how to apply them,
- Employ interview techniques which you will practice on the course.

**NOTE: YOU WILL BE EXPECTED TO PRACTICE INTERVIEW TECHNIQUES IN ROLE AND ON VIDEO AS PART OF THIS COURSE.**

**Course Title:** Mental Health & Child Care: Safeguarding Children whose Carer has a Mental Health Problem.

**Target Group:** This course is appropriate for staff who work with children whose parents/carers have a mental health problem.

**Course Duration:** 1 Day

**Dates:-** 14 May 2008

**Times:-** 9.30am - 4.30pm (Lunch is provided)

**Course Objectives:**

This course will increase the knowledge and skill of child care staff when working with families where parental mental health is an issue and there are child care concerns.

By the end of the course the participant will:

- Have increased their understanding of how adult mental ill-health affects parenting,
- Have increased their understanding of the needs of children within vulnerable families,
- Have a better understanding of the adult & older people mental health system(s).

**Course Title:** Mental Health & Child Care: Safeguarding Children whose Carer has a Mental Health Problem.

**Target Group:** This course is appropriate for staff who work with children or adults. This includes:

- Those who work directly with children
- Those who work parents/carers who have a mental health problem. (For Bolton Mental Health Directorate staff, it is for professionally qualified staff.)

**Course Duration:** 2 Days

**Dates:** 3 & 4 December 2008

**Times:** 9.30am - 4.30pm (Lunch is provided)

**Course Objectives:**

This course will increase the knowledge and skill of adult and older people's mental health staff and child care staff when working with families where parental mental health is an issue and there are child care concerns.

By the end of the course the participant will:

- Have increased their understanding of how adult mental ill-health affects parenting,
- Have increased their understanding of the needs of children within vulnerable families,
- Have a better understanding of the child care system,
- Have a better understanding of the adult & older people mental health system(s),
- Be in a position to work more effectively with professionals in other agencies.

<b>Course Title:</b>	Mental Health Issues for Children & Young People
<b>Target Group:</b>	All staff and managers who work with children
<b>Course Duration:</b>	1 Day
<b>Dates:</b>	29 September 2008 4 February 2009
<b>Times:</b>	9.30 - 4.30 (Lunch is provided)

**Course Objectives:**

By the end of the day participants will have increased their knowledge, skills, confidence and understanding of:

- Child and adolescent development,
- Positive mental health,
- Mental disorders,
- Risk and resilience.

## Courses on Substance Misuse

<b>Course Title:</b>	Drug and Alcohol Awareness
<b>Target Group:</b>	Staff who work with young people
<b>Duration:</b>	1 day
<b>Dates:</b>	12 June 2008 6 October 2008 5 December 2008 10 February 2009

### Course Objectives:

On completion of this course, participants will have:-

- Increased their knowledge of substances and their effects on individuals,
- Be able to recognise drugs and drug paraphernalia,
- Increased their confidence in working with young substance users,
- Understand trends in substance use,
- Increased their understanding of drug policy and practice.

<b>Course Title:</b>	Substance Misuse and Young People	
<b>Target Group:</b>	For those who work with vulnerable young people and who already have some basic awareness of substance misuse.	
<b>Duration:</b>	2 Days	
<b>Dates:</b>	19 & 20 May 2008	3 & 4 July 2008
	22 & 23 September 2008	20 & 21 November 2008
	19 & 20 January 2009	12 & 13 March 2009

### Course Objectives:

By the end of the course the participants should be able to:-

- Understand how substance use relates to young people,
- Increased understanding of trends and legislation in this field,
- Identify which young people are most vulnerable to substance misuse,
- Practise and use Bolton's young person's substance misuse assessment tool,
- Examine how young people's substance misuse fits within Bolton's Framework for Action,
- Understand and practise appropriate interventions with young people who misuse substances,
- Take a holistic approach to young people's substance misuse,
- Explore the principles of harm reduction in relation to young people's substance misuse.

<b>Course Title:</b>	Alcohol & Young People
<b>Target Group:</b>	All staff who work with young people and who have already completed the two day course 'Substance Misuse and Young People', and for those with a specific interest.
<b>Duration:</b>	1 Day
<b>Dates:</b>	5 June 2008 28 October 2008 8 January 2009 24 March 2009

**Course Objectives:**

On completion of this course participants will have:-

- Increased their knowledge on trends in alcohol use amongst young people,
- Understand how alcohol is misused,
- Developed their knowledge on the effects of alcohol misuse,
- Gained confidence in working with young people using and misusing alcohol,
- An understanding of harm reduction in relation to alcohol,
- Discussed risk and protective factors,
- Identified an appropriate intervention for young people misusing alcohol.

<b>Course Title:</b>	Cannabis and Young People
<b>Target Group:</b>	Staff who work with young people and who have already completed the two day course 'Substance Misuse and Young People', and for those with a specific interest
<b>Duration:</b>	1 Day
<b>Dates:</b>	29 April 2008. 15 July 2008 6 November 2008 26 February 2009

**Course Objectives:**

On completion of this course participants will have:-

- Increased their knowledge on the incidents of cannabis misuse amongst young people,
- Greater understanding of how cannabis is used,
- Increased their knowledge on the effects of cannabis misuse,
- Gained confidence in working with young people misusing cannabis,
- An understanding of harm reduction in relation to cannabis,
- Be able to identify appropriate interventions for young people using and misusing cannabis.

<b>Course Title:</b>	Ecstasy and Young People
<b>Target Group:</b>	Staff who work with young people and who have already completed the two day course 'Substance Misuse and Young People', and for those with a specific interest
<b>Duration:</b>	1/2 Day
<b>Dates:</b>	9 May 2008 (morning)

**Course Objectives:**

On completion of this course participants will:-

- Understand how ecstasy is used,
- Have increase their knowledge on the effects of ecstasy use,
- Have improved their confidence in working with young people using ecstasy,
- Understand harm reduction in relation to ecstasy,
- Be able to identify appropriate interventions for young people using ecstasy,
- Have increased their knowledge on the incidents of ecstasy use amongst young people.

**Course Title:** Solvents and Young People

**Target Group:** This course is predominantly for those staff who have already completed the two day course Substance Misuse and Young People, or for those who work with vulnerable young people

**Duration:** 1 Day

**Dates:** 13 May 2008  
16 September 2008

**Course Objectives:**

By the end of the course participants will be able to:

- Increase their knowledge on what constitutes solvent misuse,
- Understand how solvents are used,
- Increase their knowledge on the effects of solvent misuse,
- Develop confidence in working with young people using solvents,
- Explore the role of harm reduction in relation to solvents,
- Identify appropriate interventions for young people using solvents.

<b>Course Title:</b>	Benzodiazepines and Young People
<b>Target Group:</b>	Staff who work with young people and who have already completed the two day course 'Substance Misuse and Young People', and for those with a specific interest
<b>Duration:</b>	1/2 Day
<b>Dates:</b>	24 June 2008 (morning)

**Course Objectives:**

On completion of this course, participants will have:-

- Increased their knowledge on the incident of benzodiazepine use amongst young people,
- Greater understanding of how benzodiazepines are used,
- Increased their knowledge on the effects of benzodiazepines,
- Gained confidence in working with young people who are using benzodiazepines,
- Understanding of harm reduction in relation to benzodiazepines,
- Knowledge to identify appropriate interventions with young people using benzodiazepines.

**Course Title:** Parental Substance Misuse and its Effects on Children and Families

**Target Group:** All those who work with children and their families

**Duration:** 2 Days

**Dates:** 15 & 16 July 2008  
12 & 13 February 2009

**Course Objectives:**

By the end of the course participants will have

- Raised their awareness of the incidence and effects of substance misuse in Bolton,
- Examined the crucial effect of substance misuse on parenting and child care,
- Explored the multi-disciplinary response to substance misuse and child protection,

## **Additional Resources**

### **Library**

There is an interagency library with literature on child protection, child care, child care law and therapeutic work based at Castle Hill Centre. It can be accessed via the Public Lending Library on the ground floor.

### **Research**

Bolton Safeguarding, Health and Well-being Board is committed to disseminating appropriate child care research and to encouraging practitioners and managers to engage in relevant research in the Bolton area. We will help you in any way we can to locate and use up to date research, guidance and other relevant information. If you would like some assistance or just a discussion about your research please contact Anne Walton telephone 01204 337861 or email [anne.walton@bolton.gov.uk](mailto:anne.walton@bolton.gov.uk)

## Contacts

### Members of the Staff Development Working Group

#### Health

Jackie Brennan  
Senior Nurse  
Safeguarding Children  
and Young People  
  
Ante-Natal Corridor  
Princess Anne Maternity Unit  
Royal Bolton Hospital  
Minerva Road Bolton BL4 0JR  
01204 390267  
jackie.brennan@bolton.rbh.nhs.uk

#### Primary Care Trust

Pam Jones  
Designated Nurse  
Safeguarding Children  
Bolton Primary Care Trust

Avondale Health Centre  
Avondale Street Bolton BL1 4JP  
01204 463389  
pam.jones@bolton.nhs.uk

#### Children's Services

Anne Carey  
Safeguarding Officer in Education  
  
Castle Hill Centre Castleton Street  
Bolton BL2 2JW  
01204 338179  
anne.carey@bolton.gov.uk

Kath Smith  
Development Manager

Children & Young People's Services  
Children's Services

The Wellsprings Bolton BL1 1US  
01204 334103  
kath.smith@bolton.gov.uk

Pam Snowball  
Team Leader  
2nd Floor Castle Hill Centre  
  
Castleton Street Bolton BL2 2JW  
Staff Development Section  
01204 337613  
pam.snowball@bolton.gov.uk

#### Integrated Working Processes Team

Karen Presto  
(CAF Co-ordinator)  
  
1st Floor Paderborn House  
Bolton BL1 1JW  
01204 331392 or 07989525992  
karen.presto@bolton.gov.uk

Paul Remic  
(Information Co-ordinator)  
  
1st Floor Paderborn House  
Bolton BL1 1JW  
01204 334278

#### Adult Mental Health

Alan Gibbs  
Staff Development Section  
  
Castle Hill Centre  
Castleton Street Bolton BL2 2JW  
01204 337607  
alan.gibbs@bolton.gov.uk

## Housing

Jon Powell  
Manager  
Homeless Welfare

21- 23 Silverwell Street  
Bolton BL1 1QN  
01204 335699  
jon.powell@bolton.gov.uk

## Police

DS Keith Isherwood  
Public Protection Investigation Unit  
Brightmet House Blenheim Road  
Bolton BL2 6JA  
0161 856 7948  
keith.isherwood@gmp.police.uk

## Probation

Sean Hunt  
Senior Probation Officer  
Bolton Probation  
St Helena Mill St Helena Road  
Bolton BL1 2JS  
01204 387699  
sean.hunt@manchester.probation.gsi.gov.uk

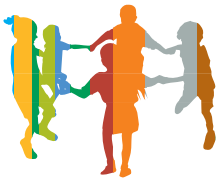
## Voluntary Sector

Vicky Corlett  
Bolton Lads & Girls Club  
18 Spa Road Bolton BL1 4AG  
01204 540100

## Safeguarding Board

Shona Green  
Safeguarding Officer  
Children's Services  
Endeavour House  
98 Waters Meeting Road  
Bolton BL1 8SW  
01204 337472  
shona.green@bolton.gov.uk

Anne Walton  
Safeguarding Board  
Multi-Agency Training Co-ordinator  
Staff Development Section  
Castle Hill Centre Castleton Street  
Bolton BL2 2JW  
01204 337861  
anne.walton@bolton.gov.uk



Bolton  
Safeguarding  
Children

**Bolton Safeguarding, Health & Well-being Children's Board**

Endeavour House, 98, Waters Meeting Road, Bolton, BL1 8SW

tel: 01204 337479 fax: 01204 337466

email: [boltonsafeguardingchildren@bolton.gov.uk](mailto:boltonsafeguardingchildren@bolton.gov.uk)

As part of Bolton's commitment to a sustainable future, this document is printed (using vegetable based inks) on paper from sustainable forests.